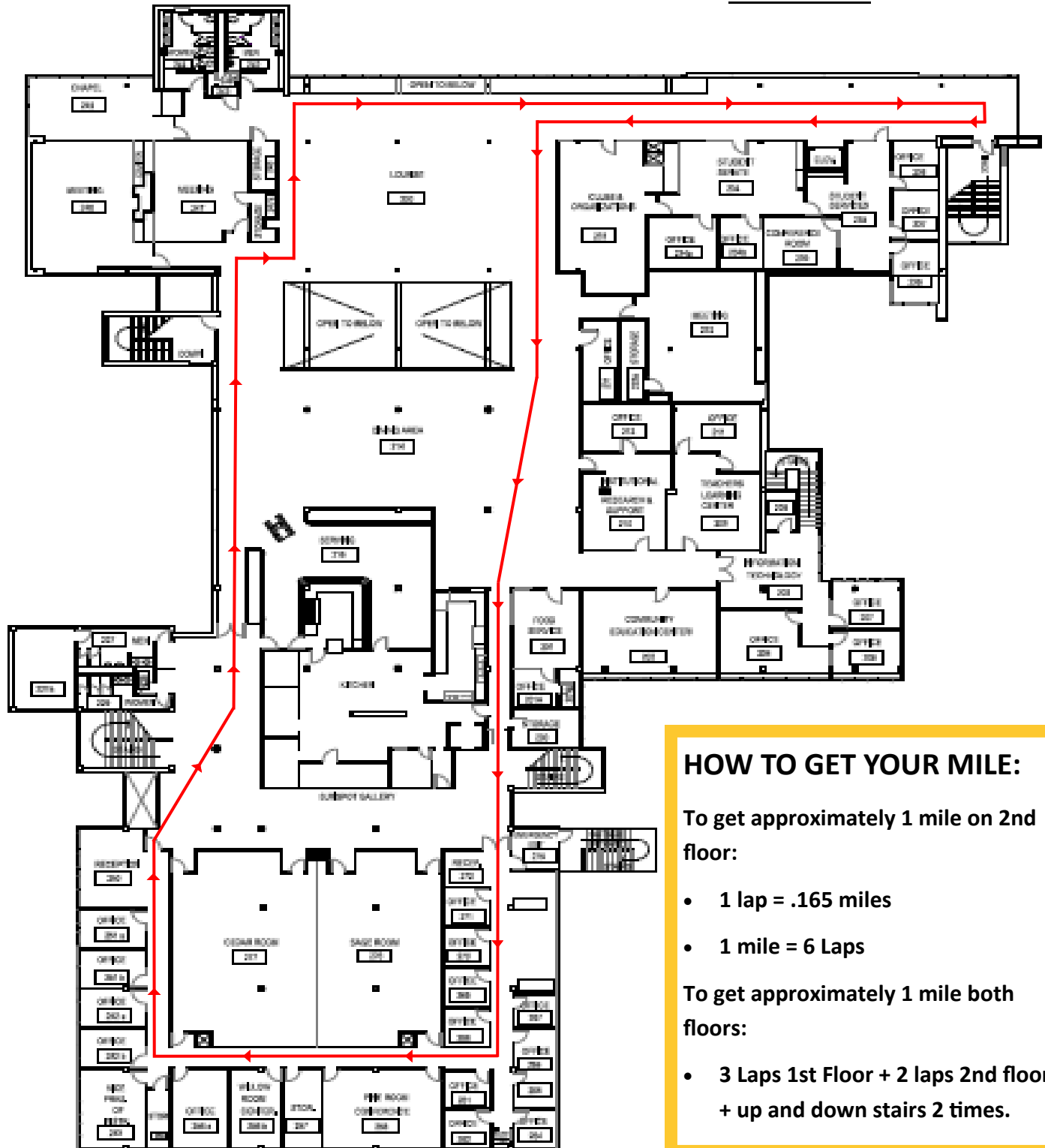


# Get Up & GET MOOVIN'



## TAYLOR ADMINISTRATION/ STUDENT UNION BUILDING SECOND FLOOR



### HOW TO GET YOUR MILE:

To get approximately 1 mile on 2nd floor:

- 1 lap = .165 miles
- 1 mile = 6 Laps

To get approximately 1 mile both floors:

- 3 Laps 1st Floor + 2 laps 2nd floor + up and down stairs 2 times.