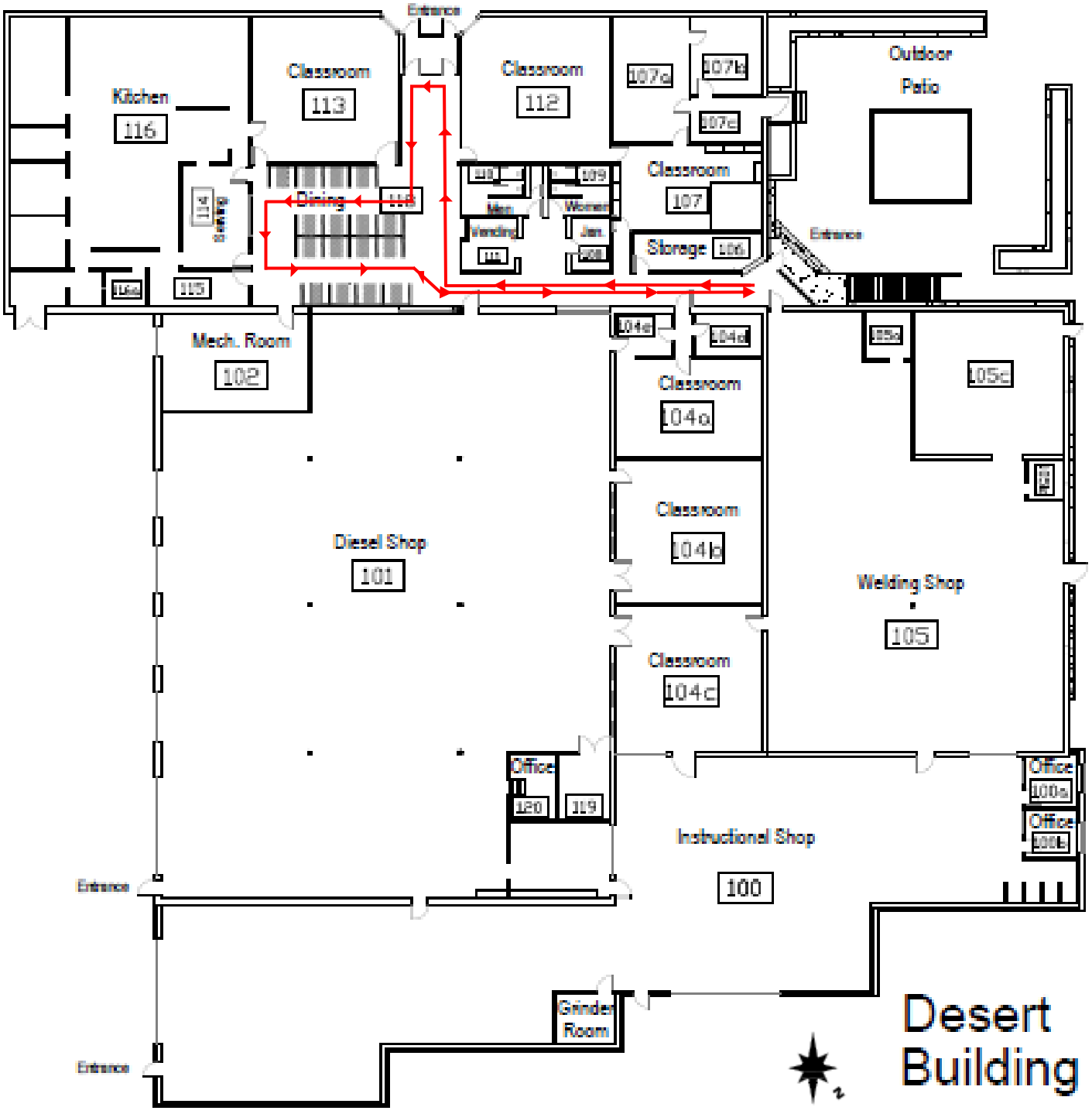
Get Up & GET MOOVIN'

HOW TO GET YOUR MILE:

To get approximately 1 mile:

- **1 LAP = ..075 Miles**
- **13 Laps = 1 Mile**